



# FRANK HILTON ORGANIZATION

*"A Centre of Excellence – Educate, Empower, Uplift, Uphold."*

## NEWSLETTER

### Starting the Year Strong for the Children We Serve



After a well-deserved break, our doors are open once again and our hearts are full.

We are excited to return for the new year, ready to continue serving our children and families with the care, compassion, and commitment they deserve.

Our teams across the school, therapy services, hostel, and community programs are back on the ground, energized and prepared to make 2026 a year of growth, empowerment, and meaningful impact.

Thank you to our parents, caregivers, partners, and supporters for your patience during our holiday closure. We look forward to walking alongside you again as we continue our mission to support children living with disabilities in Fiji. We resumed services on the 26<sup>th</sup> of January.

### Speech Department Leads Communication PD Session

Our Speech Department recently conducted a Professional Development session for the Multidisciplinary Team on effective communication strategies to enhance client outcomes. The training covered the OWL Strategy (Observe, Wait, Listen) to encourage client-led communication, the 4S Strategy (Say less, Stress key words, Show, Speak slowly) to support clearer understanding, and Language Modelling techniques such as labeling, parallel talking, self-talking, and expansion. The session provided practical, evidence-based approaches that clinicians can apply in daily practice to strengthen communication and improve quality care.



## Empowering Mobility Through Training and Partnership

Following the donation of mobility products, a supportive wheelchair training was successfully conducted by The Church of Jesus Christ of Latter-day Saints from 19–23 January 2026. The training brought together 11 participants, including physiotherapists from the Frank Hilton Organisation (FHO) and MOHMS–CWMH, a Community Rehabilitation Assistant Officer, and technicians.

Led by Craig and Wendy Garey, Dr Neil Hutchison, and Lynne Hutchison, with support from Dr Blair Butterfield and Susan Butterfield, the training enabled the assessment of nine children who were provided with new supportive wheelchairs. We extend our heartfelt thanks to The Church of Jesus Christ of Latter-day Saints for their generous donation of supportive and basic wheelchairs and walkers.



## Yui's Reflections on Two Years in Fiji

During my time in Fiji, I learned to live in the moment and focus on my own happiness. At first, I struggled with differences in communication and expectations, but I soon realised no one meant to hurt me. The warm "Bula" greetings, shared lunches, and the way many of you noticed how I felt even without me saying anything made me feel supported.

In Japan, I often hid my feelings, but here I learned to be honest with myself and to take better care of my wellbeing. My experience at FHO also showed me how connected a community truly is, and how differences in culture and perspective make us who we are.

These two years taught me valuable lessons about kindness, connection, and appreciating the present. I am deeply grateful to all of you.



## Communications Fiji Limited (Navtarang) Donates \$5000



Frank Hilton Organisation Fiji is grateful to Navtarang and the CFL Foundation for their generous donation of electrical appliances, bedding, weighing scales, and sensory toys for our Hostel residents.

The items were received by CEO Sureni Perera, Marketing & Communications Officer Ruby Solanki, and Audiometrist Shabina Dean.

We sincerely thank Navtarang for their support and wish them the very best for the year ahead.

## “Partnership in Action: CBM Australia Visits the Field.”

The Frank Hilton Organisation, with valued support from Christian Blind Mission (CBM), continues to deliver life-changing therapy services to children with disabilities.

Since 2025, the community programme has grown from 42 to 104 children receiving fortnightly therapy across the Central Division. Services include Audiology, Speech-Language and Feeding Therapy, and Physiotherapy, delivered by a dedicated multidisciplinary team.

CBM also strengthens support at the Hilton Home, where 11 children receive round-the-clock care in a safe and nurturing environment.

Together, this partnership is reaching more families and building brighter futures.



## Every Child’s Journey Begins with a Conversation



At the Frank Hilton Organization (FHO), Parent Interview Sessions are an important part of our holistic approach to supporting children with disabilities and their families.

These sessions provide a safe and welcoming space for parents and caregivers to share their child’s history, strengths, challenges, and goals. Through open conversations with our multidisciplinary team, we gain a deeper understanding of each child’s unique needs and develop personalized intervention plans tailored specifically to them.

Parent Interview Sessions also empower families. They offer guidance, practical strategies for home support, and an opportunity for parents to ask questions and receive reassurance. By working in partnership with families, we ensure that progress continues not only within therapy sessions but also at home and in the community.

As we continue this journey throughout the year, FHO remains committed to strengthening families, building confidence, and walking alongside parents every step of the way because when families are supported, children thrive.

## Empowering Parents in Week Four of Social Communication Group

Week Four of the Social Communication Group focused on equipping parents with positive behaviour strategies to better support their children. Led jointly by the Behaviour Support Unit and Speech Department, the session combined practical activities, modelling, and group discussions to build confidence and skills. With nine weeks remaining, we look forward to continuing to strengthen parents' ability to support their children's behaviour and communication. We thank all participating families for their valuable contributions, reflecting FHO's strong commitment to family-centred services



### A New Chapter Ahead for FHO

The Hon. Dr. Atonio Lalabalavu visited the Frank Hilton Organization Primary School facility, Hilton Special School, to discuss exciting plans for the organisation's future expansion. The Government of Fiji, through the Ministry of Health and Medical Services, continues to support FHO's early detection and intervention programmes, which reach over 1,000 children across Fiji each year. This visit marks an important step forward as we work together toward a brighter, barrier-free future for children with disabilities and their families.



## Infant Hearing Screening in Lautoka

The Audiology Department has started Infant Hearing Screening services at Vidilo House MCH Clinic in Lautoka from 24 February. Clinics will be held every two months for newborns in the Lautoka–Yasawa division. Screening uses AABR technology to detect early hearing loss, with referrals to the Frank Hilton Audiology Department in Suva if further testing is needed.

The program is supported by the Fiji Water Foundation, Compassion Network, and the Australian High Commission's Direct Aid Programme.



## The Journey Continues



Our children continue to grow and achieve new milestones through the dedicated in-house therapy provided by our Speech Therapy and Physiotherapy teams. These sessions help strengthen communication, movement, and independence in a supportive and caring environment. Through fun activities, guided exercises, and personalized support, our therapists work closely with each child to improve speech, mobility, and confidence. Every small step forward is a big achievement for our children.

The journey continues as we celebrate their progress and remain committed to helping each child reach their full potential.

## Departmental Activity Overview – Male & Female Participation

Department	Activity	Male	Female	Total
Audiology	• Assessment	123	66	189
	• Infant Screening	15	14	29
	• Audio Device Fitting	1	0	1
Speech	• Assessment	35	16	51
	• Parent Information Session	35	20	55
	• Speech Therapy Session	222	183	405
	• Feeding Assessment	19	5	24
	• Feeding Review & Intervention	17	27	44
Physio	• Physio Assessment	14	21	35
	• MDS Assessment	22	30	52
	• MDS Fitting	15	14	29
	• MDS Follow up	36	26	62
	• Physio Therapy Session	130	126	256
Occupational Therapy	• OT Therapy Sessions	14	7	21
	• Hostel	1		1
PBS	• PBS Assessment	12	6	18
	• PBS Therapy Session	54	40	94
	• Parent Training	6	9	15
CMFSU	• Client Intake	131	52	183
	• Parent Interview	50	28	78

# Corporate Impact Partners

**Thank You!**

Heartfelt gratitude to **goodman fielder** for your corporate support towards FHO residents!

**goodman fielder**  
Making everyday food better for everyone



We truly appreciate your generosity and support in making a positive impact on our community.

**Frank Hilton ORGANIZATION**  
Fiji Crippled Children's Society - Suva Branch

*Your support is changing lives!*

**CJ Patel**  
The Name Behind Brands

**Thank You**

for your generous donation to the **Frank Hilton Residents**

Thank you for your support and compassion. Your contribution helps provide care and support to the wonderful children who call the Frank Hilton early intervention centre home.



We deeply appreciate your kind support!

*The Pearl*  
resort

**THANK YOU!**

To The Pearl Resort For Their Kind Donation To The Frank Hilton Residents



On behalf of the Frank Hilton Organization,  
**Vinaka Vakalevu**

for your thoughtful donation. Your support brings so much joy and comfort to the children at our centre.

*We appreciate you!*

**Frank Hilton ORGANIZATION**  
Fiji Crippled Children's Society - Suva Branch

**THANK YOU RAM SAMI!**

for donating eggs for the whole year to the Frank Hilton Organization for our residents

SINCE 1970

**Ram Sami**



**Frank Hilton ORGANIZATION**  
Fiji Crippled Children's Society - Suva Branch

Your support helps us let the sun shine in!

**THANK YOU**

*Mr. Pio & Ms. Maria Burese*

for dropping off generous donations of diapers for our residents at **Frank Hilton Organization**

Your kindness and generosity are truly appreciated!




**Frank Hilton ORGANIZATION**  
Fiji Crippled Children's Society - Suva Branch

**Thank You!**

**For Your Generous Donation!**

Ahmadiyya Muslim Women's Movement Suva



**For the Generous Donation for the Residents of Frank Hilton Organization**

We're deeply grateful for your support and kindness. Your generosity has made a significant difference in the lives of our residents. Thank you for your compassion and heartfelt contribution.

With Sincere Appreciation,  
**Frank Hilton Organization**

**Frank Hilton ORGANIZATION**  
Fiji Crippled Children's Society - Suva Branch

## Other Inhouse Events



Valentines Day



International Women's Day

## Upcoming Events

- Bara Battle Launch - Tuesday 30<sup>th</sup> April
- Bara Battle Event - Saturday 25<sup>th</sup> July

Whether you give \$1, \$5, \$10 or \$100, every dollar will make a lasting difference in the life of a child. Scan the QR code to donate and help us provide specialized services for children with disabilities in Fiji




VISA



To show your support using your **Debit** or **Credit Card**, please scan this QR code.


### How to Donate to Frank Hilton Organization via M-PAiSA



♥ Follow These Easy Steps:

- 📱 Open the M-PAiSA app on your phone.
- 🔍 Click on "Search Business."
- ⌨️ Type Frank Hilton Organization.
- ✅ Select our name.
- 💰 Enter your donation amount and confirm.
- 📝 Enter your name in the narration part.

♥ Your kindness — no matter the amount — makes a real and lasting difference. Because of you, our children receive the care, dignity, and opportunities they deserve. Vinaka vakalevu for standing with us and believing in our mission. Together, we are changing lives.



[www.frankhilton.org.fj](http://www.frankhilton.org.fj)

THANK YOU FOR ENABLING OUR WORK